

Avoid these additives

from www.fedup.com.au

COLOURS

102,104,107,110,122,123,124,127,128,
129,132,133,142,151,155,

natural colour 160b (annatto)

PRESERVATIVES

Sorbates	200, 201, 202, 203
Benzoates	210, 211, 212, 213
Sulphites	220, 221, 222, 223, 224, 225, 226, 227, 228
Nitrates, nitrites	249, 250, 251, 252
Propionates	280, 281, 282, 283

ANTIOXIDANTS

Gallates	310, 311, 312
TBHQ, BHA, BHT	319, 320, 321

FLAVOUR ENHANCERS

Glutamates incl MSG	620, 621, 622, 623, 624, 625
Ribonucleotides	627, 631, 635
Hydrolysed Vegetable Protein (HVP)	

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