

# Nasty additives

## COLOURS

### Artificial

102 tartrazine  
104 quinoline yellow  
110 sunset yellow  
122 azorubine, carmoisine  
123 amaranth  
124 ponceau, brilliant scarlet  
127 erythrosine  
129 allura red  
132 indigotine, indigo carmine  
133 brilliant blue  
142 green S, food green, acid brilliant green  
143 fast green FCF  
151 brilliant black  
155 brown, chocolate brown

### Natural

160b annatto, bixin, norbixin

## PRESERVATIVES

200-203 sorbic acid, potassium & calcium sorbates  
210-213 benzoic acid, sodium, potassium & calcium benzoates  
220-228 sulphur dioxide, all sulphites, bisulphites, metabisulphites  
249-252 all nitrates & nitrites  
280-283 propionic acid, sodium, potassium & calcium propionates

## SYNTHETIC ANTIOXIDANTS

310-312 all gallates  
319-321 TBHQ, BHA butylated hydroxyanisole, BHT butylated hydroxytoluene

## FLAVOUR ENHANCERS

620-625 glutamic acid and all glutamates, MSG monosodium glutamate  
627 disodium guanylate  
631 disodium inosinate  
635 ribonucleotides  
Yeast extract, HVP HPP hydrolysed vegetable or plant protein

## FLAVOURS

No numbers since they are trade secrets

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